



Nutrition for All

Ten-Point Commitment to Realize Human Security

Examples of JICA Activities

Multi-Sectoral Nutrition Improvement and Gender-Focused Approach

In Nigeria, chronic and acute malnutrition among children under five years of age is severe. JICA is supporting multi-sectoral training activities in Nigeria's Federal Capital Territory with the counterparts in the agriculture, health, education, and water and sanitation sectors; the activities range from balanced diet and nutrition-oriented food production to post-harvest storage and hygiene awareness. In addition, through the focus on gender, including the full involvement of women in decision-making in household budget and food inventory management, JICA encourages changes in the awareness and behavior of training participants, who are united as a couple.

Nigeria 



Couples identify where their family's diet fits into the three food groups



Children serving school lunch

Provision of Nutritionally Balanced School Lunches That Address the Double Burden of Malnutrition

Mongolia 

In Mongolia, there is a mixed situation where children are undernourished and overnourished, and especially in rural areas, nutritionally balanced school lunches are not provided throughout the year due to the unavailability of vegetables in different seasons. JICA aims to develop nutritional human resources and strengthen the school lunch program through the "Project for Supporting the Implementation of School Lunch Services in Mongolia" so that schools will be able to stably provide nutritionally balanced lunches.

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Nutrition for All



Ten-Point Commitment to Realize Human Security

The world's malnourished population is on the rise, and child malnutrition in particular is in a critical situation. JICA announced the JICA Nutrition Declaration at the Tokyo Nutrition for Growth Summit 2021 to help realize SDG Goal 2.2 (end all forms of malnutrition by 2030).

Tokyo Nutrition for Growth Summit 2021: An international meeting to promote international efforts to improve global malnutrition. Hosted by the Japanese government in December 2021.





Ten-Point Commitment to Realize Human Security

1



Stay Determined to Work for Nutrition

As Japan's development cooperation agency, JICA will continue and strengthen its specific efforts to realize SDG Goal 2.2 (end all forms of malnutrition by 2030) and other international goals related to nutrition, and thereby lead the efforts of the international community.

SDG Goal 2.2

Global Nutrition Target 2025

Tokyo Compact on Global Nutrition for Growth

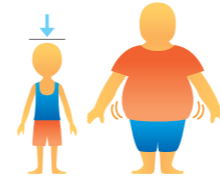
2



Contribute to Human Security

JICA will contribute to the realization of "Human Security" by protecting people's "lives, livelihoods, and dignity" and creating societies that are resilient against various threats, including infectious diseases and climate change, through its efforts to improve nutrition, which is the basis of human life and health.

3



Address Undernutrition and Overnutrition in Developing Countries

JICA will work to improve chronic undernutrition and, where overnutrition is also an issue, to reduce the "double burden of malnutrition" (undernutrition and overnutrition), with vulnerable populations such as children and women as priority targets, so that all people in developing countries can live free from all forms of malnutrition.

4



Aim for Empowerment and Value Ownership

JICA will provide assistance that aims to empower people, organizations, and societies of each developing country, that is based on the country's characteristics and needs, and that values the country's ownership, and by doing so, will help each country make steadfast, autonomous, and sustainable improvements in nutrition.

5



Promote a Multi-Sectoral Approach

JICA will promote cross-sectoral efforts (a multi-sectoral approach) to improve nutrition through various related sectors such as health, agriculture and food, water, sanitation and hygiene (WASH), and education, and will also promote collaboration among these sectors at the policy and field levels.

6



Make Each Sector Nutrition-Sensitive

JICA will work to make each sector "nutrition-sensitive", including through the implementation of nutrition policies and the promotion of nutrition-conscious activities within the sector. Especially in the health sector, JICA will promote Universal Health Coverage (UHC) that includes the improvement of maternal and child nutrition and the establishment of healthy diet. In the sector of agriculture and food, JICA will promote nutrient-focused agricultural and rural development and work to build Sustainable Food Systems.

Health



Improvement of Maternal and Child Nutrition

Contribute to nutrition improvement for

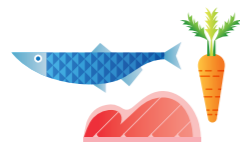
1 million mothers and children by 2030

Train **2,500** core human resources for maternal and child nutrition by 2030

- Focus on the "first 1,000 days" from fetus to two years of age
- Promote integrated maternal and child nutrition services
- Integrate nutritional interventions into maternal and child health services
- Expand the use of the maternal and child health (MCH) handbook

Establishing Healthy Diet

Nutrition improvement according to life stages



- Promote Shokuiku (Preschool and school age) (food and nutrition education) and school lunch programs
- Measures against lifestyle-related diseases (Adults) (Nutritional guidance, etc.)

Agriculture/Food



IFNA (Initiative for Food and Nutrition Security in Africa)

Implement "IFNA Yokohama Declaration 2019"

Aim to improve nutrition of **200 million** children in Africa



Contribute to nutrition improvement for **270,000 people** with food and agriculture by 2030

Train **5,000** human resources for food and agriculture nutrition by 2030

- Agricultural production to improve excess or deficiency of specific nutrients
- Nutrition awareness for rural residents

SHEP (Smallholder Horticulture Empowerment and Promotion)



Disseminate the SHEP approach to more than 1 million households in 50 countries by 2030

CARD (Coalition for African Rice Development)



Double rice production in sub-Saharan Africa to 56 million tons by 2030

Water/Sanitation/Hygiene (WASH)



Urban/Rural Water Supply and Hand-Washing

- Development of water supply facilities and improvement of their maintenance capacity in urban and rural areas
- Hygienic water use
- Dissemination of hand-washing

Education



School Lunch and Shokuiku (Food and Nutrition Education)

- Provision of school lunches, nutrition education and Shokuiku by schools and communities
- "School for All" projects

Other



JICA will contribute to nutrition improvement through efforts in other various related areas (social security, transportation and traffic, natural environment conservation, climate change, peace-building, gender, etc.).

7



Utilize Japan's Experience

JICA will make good use of Japan's own experience related to nutrition, such as nutrition surveys, nutritional guidance by specialized personnel, use of Maternal and Child Health Handbooks, improvement of rural livelihoods, diversification of agricultural production, Japanese dietary pattern with excellent nutritional balance, improvement of water supply, popularization of hand-washing habits, school lunches, and Shokuiku (food and nutrition education).

8



Employ Various Assistance Tools and Collaborate with Diverse Associates

JICA will employ its various assistance tools, such as acceptance of trainees and students, dispatch of experts and cooperation volunteers, and ODA loans and grant aid. JICA will also collaborate with diverse associates in Japan, such as private companies, research and educational institutions, local governments, and NGOs, that have technologies and expertise related to nutrition.

9



Work for the Whole World, especially in Africa and Indo-Pacific Region

JICA will provide assistance for improving nutrition to developing countries all over the world. With Africa as a priority region, JICA will promote the "Initiative for Food and Nutrition Security in Africa (IFNA)". JICA will also actively engage in efforts for nutrition improvement in the Indo-Pacific region.

10



Cooperate with International Partners

In carrying out the above efforts, JICA will cooperate with and complement the Scaling Up Nutrition (SUN) Movement, relevant UN agencies, multilateral development banks, regional organizations, and other development partners, and together will call on the international community and developing countries to mainstream nutrition improvement and mobilize necessary resources.